

to be ready for school

Stage 1 Toilet Training

Being able to use the toilet: 'showing that I'm ready'

Think about.....

- What can the child do now?
 - What are the next skills needed?
 - Make a plan to help.
- Get inspired, talk to others and share ideas.
 - Carry out the plan. Keep practising. It may take some time but it's worth it.

Now I'm
18 months to
2 years old

1. I am starting to notice when something is happening in my nappy. I can often feel uncomfortable, I might even try to pull my nappy off.

2. I am interested in other people using the toilet, and I understand the words for this in my house (wee/poo).

3. I am drinking plenty of drinks during the day, and have regular bowel movements.

4. I am able to go several hours without doing a wee in my nappy.

5. I am understanding and following simple instructions. I try to do some self-care tasks without help.

6. I am happy to spend time without my nappy on. I think I might be ready to wear pants now and start stage 2 toilet training!

For detailed information visit www.derbyshire.gov.uk/readyforschool