

beyond the physical		Elephants													
Lesson 1 or Lessons 1 & 2 for the first three weeks	Lesson 2 or Lessons 1 & 2 for the last three weeks	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2			
		agility balance coordination		symmetry balance travel		hands feet equipment		aim strike retrieve		fair share dare		duel win lose			
															
		Learning theme													
		NCPE link		'Use running, jumping, throwing and catching in isolation and in combination'		'Develop flexibility, strength, technique, control and balance'		'Apply and develop a broader range of skills and use them in different ways'		'Apply and develop a broader range of skills and use them in different ways'		'Embed values such as fairness and respect'		'Competitive games; principles of attacking and defending'	
		run jump throw		inspire create perform		throw prepare catch		accuracy power distance		serve set slam		evade invade capture			
															
		Learning theme													
		NCPE link		'Use running, jumping and throwing in isolation and in combination'		'Perform dances using a range of movement patterns'		'Use throwing and catching in isolation and in combination'		'Develop strength, technique, control and balance'		'Play competitive games, modified where appropriate'		'Competitive games; principles of attacking and defending'	