



PSHE Policy

LA POLICY

Review: Every Two Years

Next Review Date: January 2025

Role	Name
Headteacher	Caroline Rodgers
Chair of Governors	Linda Mosley
Designated Governor	
Designated Senior Lead	Caroline Rodgers – Headteacher

Brockley Primary School is committed to investing in our pupil's health and wellbeing and by doing this we support the process of raising the pupil's achievements.

Personal, Social and Health Education (PSHE) helps to provide pupils with the knowledge, skills and understanding they need to lead confident, healthy, independent lives. PSHE also helps children to become informed, active, responsible citizens. Therefore, PSHE underpins our school ethos The Brockley Way – Only my best is good enough. #bekind

Pupils are actively encouraged to participate in a wide range of activities and always offered a plethora of experiences across and beyond the curriculum as well as being able to make a positive contribution to the life of their school and the community it serves. In doing so they learn to recognise their own self-worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up.

We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the school council.

They learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life long learning.

What is PSHE?

PSHE includes drugs education & sex and relationships education at an age appropriate level.

Knowledge and understanding

- Learning and understanding physical development at appropriate stages
- Understanding human sexuality, sexual health, emotions and relationships
- Learning about a safe & healthy lifestyle based on accurate information
- Learning about seeking appropriate help & advice
- Learning about the nature and impact of immediate, local and global economic and social inter-dependence and environmental sustainability, including climate change and how citizen's actions influences this
- Learning about their community and the society of which they are a part
- Learning about how our society is structured and functions
- Developing the knowledge, skills and personal values to reflect on current affairs
- Developing pupils' understanding of rules and laws

Attitudes and values

- Learning the importance of values and individual conscience and moral considerations.
- Learning the value of family life, stable and loving relationships for the nurture of children.
- Learning the value of respect, love and care.
- Exploring, considering and understanding moral dilemmas.
- Developing critical thinking as part of decision-making.
- Learning to respect & value difference & diversity.

- Having structured opportunities for the exploration of personal attitudes and values

Personal and social skills

- Learning to manage emotions and relationships confidently and sensitively.
- Learning to manage change.
- Developing self-respect and empathy for others.
- Learning to make choices based on an understanding of difference and with an absence of prejudice.
- Learning to make informed choices.
- Exploring the risks and consequences of their own and others' actions & choices including on the internet
- Managing conflict.
- Learning how to recognise and avoid exploitation and abuse.
- Developing inter-personal skills
- Developing a sense of belonging
- Having opportunities to develop a positive self-image
- Learning about themselves
- Learning about playing a positive and active role as citizens

How PSHE is taught at Brockley

1. PSHE is always taught at an age appropriate level, using the Derbyshire PSHE programme managed by the PSHE Leader
2. By weaving PSHE through other areas of the curriculum throughout the day to day running of the school, staff ensure that PSHE is not taught in isolation
3. Through Collective Worship and Class Assemblies
4. Pastoral support for pupils who may experience difficulties accessing the sessions will have adaptations (please see Confidentiality Policy)
5. By the provision of appropriate information through leaflets and books.
6. Delivery in response to incidents

Teaching Methods & Resources

Continuity and progression is developed through the adoption of a whole school approach to the planning and delivery of clearly defined and progressive learning objectives covering knowledge, skills and understanding. All pupils will receive regular, timetabled PSHE teaching. PSHE is taught both as a discrete subject and through other appropriate cross-curricular links.

PSHE is conducted in a safe learning environment ensuring there are ground rules and distancing techniques so that pupils are not put on the spot or expected to discuss their own personal issues in class. For example:

We will never expect anyone to answer a personal question.

We will never expect anyone will never expect anyone to take part in a discussion.

Active learning methods, which involve children's full participation, is always adopted.

PSHE takes place within mixed sex classes or single gender groups as deemed appropriate and relevant, with the pupils' usual class teacher. A visitor such as a school community nurse does at times supplement the PSHE curriculum as a planned event with the teacher present.

Teaching resources are selected on their appropriateness to pupils and the learning.

Teachers will always try to answer children's questions and concerns in a sensitive, age and development appropriate manner. Individual teachers will use their skill and discretion in these situations and if necessary refer to the PSHE/Citizenship Leader for advice and support.

Teachers will also follow the following guidance:

- Teachers will establish clear parameters about what is appropriate and inappropriate in a whole-class setting.
- If a child's question is inappropriate to address with the whole class the teacher should acknowledge the question, attend to it later on an individual basis, and report to the Headteacher if necessary.
- If a question is felt to be too personal, the teacher will remind the pupils of the ground rules and offer support at an appropriate level.
- Teachers will set the tone by speaking in a matter-of-fact way and ensuring that pupils discuss issues in a way encourages positive participation.
- Pupils may have opportunities to write down questions anonymously and post them in a question box. The teacher will have time to prepare answers to questions before the next session, and can choose not to respond to any questions that are inappropriate to address in whole class lessons.

Equal Opportunities

Brockley Primary School's programme of study for PSHE is designed to ensure that all children have full and equal access.

Children may have varying needs regarding PSHE depending on their circumstances and background. The school strongly believes that all pupils should have access to PSHE that is relevant to their particular needs.

To achieve this, the school's approach to PSHE will take account of:

- The needs of boys and girls
- Ethnic and cultural diversity
- Varying home background
- Sexuality
- Special educational needs

The school also recognises the need for extra, targeted work with vulnerable pupils.

Assessment & Recording

We believe that effective assessment and recording is an essential and integral part of all aspects of the school curriculum. We also recognise that the PSHE curriculum brings its own special requirements.

We approach to assessment and recording by ensuring we:

- Uses assessment as a planning tool
- Use clear lesson-based learning objectives, assessment and record short-term activities and work completed
- Longer term approaches that encourage reflective teaching, self/peer evaluation through personal and individual growth targets
- Our yearly report to parents will contain a section for PSHE
- Summative recording will take place using Eaz Mag and the Class subject books.

Personnel

The PSHE Leader is Jane Goodison

Monitoring and evaluation

The PSHE Leader, regularly evaluates the programme. The views of pupils and teachers who deliver the programme are considered to make changes and improvements to the programme.

Policy Development & Review

This policy document was developed in consultation with the school community, including pupils, parents, school staff, Governors, LA representatives, community dietitian, school community nurse and local Healthy School Standards representative.

This document is freely available within the school community. It has also been made available in the School News section and policy area of the website.

The PHSE policy will be reviewed annually in consultation with the following policies:

- Policy Links
- Safeguarding
- Confidentiality
- Science
- Food
- Drugs Education
- Physical Activity
- Behaviour
- SRE
- External Contributors
- International

- Mental Health and Well-Being
- Anti-Bullying