



		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1 or Lesson 2	Lessons 1 & 2 for the first three weeks	Learning theme agility balance coordination 	jump shape create 	hands feet equipment 	send receive return 	fair share dare 	look run avoid 
	Lessons 1 & 2 for the last three weeks	NCPE link 'Master basic movements including agility, balance and coordination'	'Develop fundamental movement skills – locomotion and stability'	'Develop fundamental movement skills – object control'	'Develop fundamental movement skills – object control'	'Embed values such as fairness and respect'	'Team games, developing simple tactics for attacking and defending'
Lesson 1 or Lesson 2	Lessons 1 & 2 for the last three weeks	Learning theme run jump throw 	inspire create perform 	throw prepare catch 	target control combine 	react roll retrieve 	duel win lose 
	Lessons 1 & 2 for the last three weeks	NCPE link 'Master basic movements including running, jumping and throwing'	'Perform dances using simple movement patterns'	'Master basic movements including throwing and catching'	'Master basic movements including throwing and coordination'	'Develop fundamental movement skills – locomotion and object control'	'Team games, developing simple tactics for attacking and defending'