

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Lesson 1 or Lesson 2	Lessons 1 & 2 for the first three weeks	<b>Learning theme</b> 	<b>symmetry</b> <b>balance</b> <b>travel</b> 	<b>aim</b> <b>strike</b> <b>retrieve</b> 	<b>fair</b> <b>share</b> <b>dare</b> 	<b>serve</b> <b>set</b> <b>slam</b> 	<b>evade</b> <b>invade</b> <b>capture</b> 
	Lessons 1 & 2 for the last three weeks	<b>run</b> <b>jump</b> <b>throw</b> 	<b>inspire</b> <b>create</b> <b>perform</b> 	<b>watch</b> <b>move</b> <b>connect</b> 	<b>netball</b> 	<b>cricket</b> 	<b>tag</b> <b>rugby</b> 
Lesson 1	Lessons 1 & 2 for the first three weeks	<b>NCPE link</b> 'Demonstrate improvement to achieve their personal best'	<b>NCPE link</b> 'Develop flexibility, strength, technique, control and balance'	<b>NCPE link</b> 'Apply and develop a broader range of skills and use them in different ways'	<b>NCPE link</b> 'Embed values such as fairness and respect'	<b>NCPE link</b> 'Play competitive games, modified where appropriate'	<b>NCPE link</b> 'Competitive games: principles of attacking and defending'
Lesson 2	Lessons 1 & 2 for the last three weeks	<b>NCPE link</b> 'Use running, jumping and throwing in isolation and in combination'	<b>NCPE link</b> 'Perform dances using a range of movement patterns'	<b>NCPE link</b> 'Use throwing and catching in isolation and in combination'	<b>NCPE link</b> 'Play competitive games, modified where appropriate'	<b>NCPE link</b> 'Play competitive games, modified where appropriate'	<b>NCPE link</b> 'Play competitive games, modified where appropriate'